

Data		KM. TOTALI	Tempo base	Distanza	N° colpi realizzato	D.E. previsto	D.E. realizzato	Tempo riferimento	Media	n° prove	1° tempo	2° tempo	3° tempo
07/04/2020	Mirabile Gian Filippo (PR2) (Murcarolo)	6000	06:53,00	2000	29	80%	83,63%	07:25,45	07:18,80	3	07:24,60	07:07,50	07:24,30
07/04/2020	Crosio Silvia (pl under 23) (Amici del Fiume)	6000	06:58,00	2000	29	80%	78,99%	07:30,84	07:32,80	3	07:33,80	07:27,90	07:36,70
07/04/2020	Bernard Lorenzo (PR3) (Armida)	6000	06:11,00	2000	32	80%	77,40%	06:40,15	06:44,67	3	07:05,00	06:22,00	06:47,00
07/04/2020	Bosio Giulia (junior) (Esperia)	6000	06:34,00	2000	30	80%	75,61%	07:04,96	07:13,17	3	07:15,00	07:08,90	07:15,60
07/04/2020	Prati Marco (ragazzi 2°) (Ravenna)	6000	05:57,00	2000	29	80%	72,42%	06:25,05	06:38,27	3	06:36,10	06:34,40	06:44,30
07/04/2020	Saffirio Bianca (pl Under 23) (Esperia)	6000	06:58,00	2000	29	80%	72,34%	07:30,84	07:46,50	3	07:44,50	07:45,10	07:49,90
07/04/2020	Dini Federico (Under 23) (Firenze)	6000	05:40,00	2000	29	80%	71,90%	06:06,72	06:20,23	3	06:20,20	06:19,20	06:21,30
07/04/2020	Ciavaro Alberto (junior) (Caprera)	6000	05:47,00	2000	26	80%	70,30%	06:14,27	06:31,03	3	06:30,60	06:27,40	06:35,10
07/04/2020	Quagliato Alberto (PR2) (Caprera)	6000	06:53,00	2000	29	80%	70,14%	07:25,45	07:45,77	3	07:52,80	07:43,90	07:40,60
07/04/2020	Caramaschi Edoardo (junior 2°) (Corgeno)	6000	05:47,00	2000	29	80%	67,36%	06:14,27	06:36,73	3	06:38,90	06:33,10	06:38,20
07/04/2020	Falossi Marta (pl under 23) (Amici del Fiume)	6000	06:58,00	2000	29	80%	67,27%	07:30,84	07:58,13	3	07:51,60	07:59,00	08:03,80
07/04/2020	Bartoli Sara (pl senior) (Firenze)	6000	06:54,00	2000	30	80%	66,90%	07:26,53	07:54,43	3	07:51,50	07:52,60	07:59,20
07/04/2020	Mancini Nicola (ragazzi 2°) (Pontedera)	6000	05:57,00	2000	29	80%	66,81%	06:25,05	06:49,30	3	06:46,40	06:45,40	06:56,10
07/04/2020	Licatalosi Andrea (junior 1°) (Murcarolo)	6000	05:47,00	2000	30	80%	66,50%	06:14,27	06:38,47	3	06:42,90	06:34,50	06:38,00
07/04/2020	Salina Matteo (pl Under 23) (Corgeno)	6000	06:00,00	2000	27	80%	66,31%	06:28,29	06:53,80	3	06:50,20	07:05,50	06:45,70
07/04/2020	Bertesago Cristian (junior 2°) (Corgeno)	6000	05:47,00	2000	26	80%	66,24%	06:14,27	06:39,00	3	06:38,90	06:34,50	06:43,60
07/04/2020	Pantarotto Alberto (pl Under 23) (Esperia)	6000	06:00,00	2000	29	80%	65,95%	06:28,29	06:54,57	3	06:54,40	06:48,00	07:01,30
07/04/2020	Savoldi Riccardo (pl Under23) (Corgeno)	6000	06:00,00	2000	27	80%	65,90%	06:28,29	06:54,67	3	06:55,40	06:51,50	06:57,10
07/04/2020	Bergamin Emanuele (junior 1°) (Esperia)	6000	05:47,00	2000	29	80%	65,32%	06:14,27	06:40,90	3	06:44,20	06:35,10	06:43,40
07/04/2020	Bonaffini Lorenzo (pl Under 23) (Limite)	6000	06:00,00	2000	29	80%	65,28%	06:28,29	06:56,00	3	06:50,40	06:55,20	07:02,40
07/04/2020	Nicolini Dario (pl Under 23) (C.S. Urania)	6000	06:00,00	2000	29	80%	64,77%	06:28,29	06:57,10	3	06:56,50	06:51,30	07:03,50
07/04/2020	Gallo Giacomo (pl Under 23) (Cerea)	6000	06:00,00	2000	28	80%	64,51%	06:28,29	06:57,67	3	06:46,30	06:48,60	07:18,10
07/04/2020	Cerruti Tommaso (junior 2°) (Murcarolo)	6000	05:47,00	2000	30	80%	64,29%	06:14,27	06:43,07	3	06:43,20	06:39,50	06:46,50
07/04/2020	Rabatti Ernesto (junior 2°) (Limite)	6000	05:47,00	2000	28	80%	63,52%	06:14,27	06:44,70	3	06:45,20	06:43,00	06:45,90
07/04/2020	Carando Andrea (Under 23) (Cerea)	6000	05:40,00	2000	28	80%	63,43%	06:06,72	06:36,73	3	06:31,80	06:32,10	06:46,30
07/04/2020	Radice Karoschitz Leonardo (Under 23) (Cerea)	6000	05:40,00	2000	29	80%	63,34%	06:06,72	06:36,93	3	06:35,60	06:33,90	06:41,30
07/04/2020	Benazzo Anna (junior 1°) (Cerea)	6000	06:34,00	2000	28	80%	63,24%	07:04,96	07:40,20	3	07:31,30	07:37,50	07:51,80
07/04/2020	Traversa Donato (pl Senior) (Ravenna)	6000	05:56,00	2000	29	80%	62,94%	06:23,97	06:56,50	3	06:54,80	06:53,00	07:01,70
07/04/2020	Gori Samuele (Under 23) (Limite)	6000	05:40,00	2000	28	80%	62,63%	06:06,72	06:38,43	3	06:36,80	06:37,40	06:41,10
07/04/2020	Gabriele Codecasa (junior) (Firenze)	6000	05:47,00	2000	30	80%	62,02%	06:14,27	06:48,00	3	06:47,40	06:45,40	06:51,20
07/04/2020	Melegari Giovanni (junior 1°) (Murcarolo)	6000	05:47,00	2000	29	80%	61,94%	06:14,27	06:48,17	3	06:45,40	06:44,50	06:54,60
07/04/2020	Casola Sasha (pl Under23) (Corgeno)	6000	06:00,00	2000	29	80%	61,87%	06:28,29	07:03,63	3	07:06,20	06:57,20	07:07,50
07/04/2020	Nichifor Eleonaora (junior 1°) (Cerea)	6000	06:34,00	2000	29	80%	61,68%	07:04,96	07:44,13	3	07:37,60	07:42,60	07:52,20
07/04/2020	Santi Lapo (junior) (Esperia)	6000	05:47,00	2000	30	80%	61,54%	06:14,27	06:49,07	3	06:53,20	06:40,60	06:53,40
07/04/2020	Giannarelli Diego (ragazzi 1°) (Cerea)	6000	05:57,00	2000	27	80%	61,34%	06:25,05	07:01,33	3	06:54,80	07:01,70	07:07,50
07/04/2020	Ramella Alice (junior 2°) (Santo Stefano al Mare)	6000	06:34,00	2000	28	80%	61,22%	07:04,96	07:45,30	3	07:44,60	07:40,60	07:50,70
07/04/2020	Gianni Simone (ragazzi) (Amici del Fiume)	6000	05:57,00	2000	29	80%	61,07%	06:25,05	07:01,97	3	07:05,00	06:58,80	07:02,10

07/04/2020	Kushnir Alessandra (under 23) (Ravenna)	6000	06:32,00	2000	28	80%	60,99%	07:02,80	07:43,53	3	07:43,50	07:41,90	07:45,20
07/04/2020	Cravero Irene (junior) (Esperia)	6000	06:34,00	2000	30	80%	60,95%	07:04,96	07:46,00	3	07:43,60	07:38,20	07:56,20
07/04/2020	Savoldi Stefano (junior) (Corgeno)	6000	05:47,00	2000	28	80%	60,62%	06:14,27	06:51,17	3	06:48,60	06:51,00	06:53,90
07/04/2020	Casola Danny (Under23) (Corgeno)	6000	05:40,00	2000	29	80%	60,59%	06:06,72	06:42,93	3	06:44,30	06:36,60	06:47,90
07/04/2020	Sitia Pietro (junior 2°) (Murcarolo)	6000	05:47,00	2000	28	80%	60,53%	06:14,27	06:51,37	3	06:52,40	06:45,90	06:55,80
07/04/2020	Bagnoli Daniele (junior 1°) (Limite)	6000	05:47,00	2000	27	80%	60,45%	06:14,27	06:51,57	3	06:46,30	06:52,10	06:56,30
07/04/2020	Tancredi Liani (junior) (Firenze)	6000	05:47,00	2000		80%	60,36%	06:14,27	06:51,77	3	06:52,40	06:45,80	06:57,10
07/04/2020	Bizzarri Marco (ragazzi) (Firenze)	6000	05:57,00	2000	29	80%	60,11%	06:25,05	07:04,23	3	06:58,00	06:59,10	07:15,60
07/04/2020	Rolle Simone (pl Under 23) (Caprera)	6000	06:00,00	2000	28	80%	59,50%	06:28,29	07:09,27	3	06:56,40	07:09,00	07:22,40
07/04/2020	Bardelli Francesco (junior 1°) (Cerea)	6000	05:47,00	2000	29	80%	59,39%	06:14,27	06:54,03	3	06:56,00	06:52,10	06:54,00
07/04/2020	Kushnir Victor (junior 1°) (Ravenna)	6000	05:47,00	2000	29	80%	59,32%	06:14,27	06:54,20	3	06:54,70	06:51,30	06:56,60
07/04/2020	Filippi Daniel (junior) (Firenze)	6000	05:47,00	2000	29	80%	59,31%	06:14,27	06:54,23	3	06:53,40	06:54,00	06:55,30
07/04/2020	Boldrino Anita (junior) (Amici del Fiume)	6000	06:34,00	2000	29	80%	59,10%	07:04,96	07:50,90	3	07:43,70	07:58,30	07:50,70
07/04/2020	Bianchi Isabella (ragazze 2°) (Pontedera)	6000	06:45,00	2000	29	80%	58,78%	07:16,82	08:04,93	3	08:02,30	08:05,00	08:07,50
07/04/2020	Garbo Matteo (ragazzi 2°) (Cerea)	6000	05:57,00	2000	29	80%	58,71%	06:25,05	07:07,63	3	07:04,30	07:03,00	07:15,60
07/04/2020	Torregorssa Martina (junior) (Corgeno)	6000	06:34,00	2000	28	80%	58,21%	07:04,96	07:53,33	3	07:53,10	07:49,50	07:57,40
07/04/2020	Terramocchia Rocco (Under 23) (Firenze)	6000	05:40,00	2000	29	80%	58,13%	06:06,72	06:48,63	3	06:50,50	06:45,90	06:49,50
07/04/2020	Dequal Simone (ragazzi 2°) (Caprera)	6000	05:57,00	2000	28	80%	57,89%	06:25,05	07:09,67	3	07:08,10	07:05,90	07:15,00
07/04/2020	Pinsoni Stefano (junior 1°) (Cerea)	6000	05:47,00	2000	27	80%	57,69%	06:14,27	06:58,13	3	06:59,20	06:56,20	06:59,00
07/04/2020	Rigazzi isotta (junior) (Esperia)	6000	06:34,00	2000	29	80%	57,46%	07:04,96	07:55,40	3	07:56,70	07:52,40	07:57,10
07/04/2020	Orzalesi Maria (ragazze) (Firenze)	6000	06:45,00	2000	28	80%	57,43%	07:16,82	08:08,77	3	07:56,70	08:12,80	08:16,80
07/04/2020	Bavazzano Ilaria (senior) (C.S. Urania)	6000	06:28,00	2000	29	80%	57,28%	06:58,49	07:48,67	3	07:46,30	07:48,10	07:51,60
07/04/2020	Rocchi Emanuele (junior 1°) (Speranza Prà)	6000	05:47,00	2000	31	80%	57,26%	06:14,27	06:59,20	3	06:58,10	06:58,60	07:00,90
07/04/2020	Giglioli Alessandro (junior 1°) (Limite)	6000	05:47,00	2000	29	80%	57,10%	06:14,27	06:59,60	3	07:00,50	06:55,60	07:02,70
07/04/2020	Orsi Leonardo (junior 2°) (Limite)	6000	05:47,00	2000	29	80%	57,10%	06:14,27	06:59,60	3	07:00,50	06:55,60	07:02,70
07/04/2020	Cavallin Umerto (junior) (Amici del Fiume)	6000	05:47,00	2000	29	80%	57,06%	06:14,27	06:59,70	3	06:57,90	06:55,20	07:06,00
07/04/2020	Corti Dario (Under 23) (Corgeno)	6000	05:40,00	2000	29	80%	56,82%	06:06,72	06:51,80	3	06:52,80	06:49,30	06:53,30
07/04/2020	Stradaglioli Gabriel (ragazzi 1°) (Ravenna)	6000	05:57,00	2000	30	80%	56,61%	06:25,05	07:12,93	3	07:16,70	07:11,60	07:10,50
07/04/2020	Dassani Agnese (ragazze 1°) (Ravenna)	6000	06:45,00	2000	28	80%	56,46%	07:16,82	08:11,60	3	08:03,20	08:20,00	STOP
07/04/2020	Rimoli Matteo (ragazzi 1°) (Limite)	6000	05:57,00	2000	29	80%	56,09%	06:25,05	07:14,30	3	07:08,90	07:13,80	07:20,20
07/04/2020	Prestigiacomo Valerio (junior 2°) (Ravenna)	6000	05:47,00	2000	29	80%	55,96%	06:14,27	07:02,47	3	07:05,40	06:58,30	07:03,70
07/04/2020	Graci Viviana (ragazze 2°) (C.S. Urania)	6000	06:45,00	2000	28	80%	55,80%	07:16,82	08:13,57	3	08:07,30	08:13,70	08:19,70
07/04/2020	Bozzano Luigi (ragazzi 2°) (Speranza Prà)	6000	05:57,00	2000	30	80%	55,64%	06:25,05	07:15,50	3	07:15,10	07:14,40	07:17,00
07/04/2020	Galli Emilia (senior) (Firenze)	6000	06:28,00	2000	28	80%	55,62%	06:58,49	07:53,37	3	07:44,00	07:56,10	08:00,00
07/04/2020	Melegari Guglielmo (ragazzi 1°) (Murcarolo)	6000	05:57,00	2000	29	80%	55,56%	06:25,05	07:15,70	3	07:16,40	07:11,80	07:18,90
07/04/2020	Carmignani Tommaso (ragazzi 2°) (Giacomelli)	6000	05:57,00	2000	30	80%	55,52%	06:25,05	07:15,80	3	07:11,20	07:10,40	07:25,80
07/04/2020	Caprile Lorenzo (ragazzi 2°) (Murcarolo)	6000	05:57,00	2000	30	80%	55,45%	06:25,05	07:16,00	3	07:19,20	07:12,40	07:16,40
07/04/2020	Marcon Chiara (junior) (Corgeno)	6000	06:34,00	2000	28	80%	54,45%	07:04,96	08:04,15	3	07:52,60	08:15,70	STOP
07/04/2020	Baratti Federico (ragazzi 2°) (Orta)	6000	05:57,00	2000	28	80%	54,35%	06:25,05	07:18,97	3	07:18,80	07:17,60	07:20,50
07/04/2020	Faccin Karen (senior) (C.S. Urania)	6000	06:28,00	2000	29	80%	54,12%	06:58,49	07:57,77	3	07:59,80	07:55,80	07:57,70
07/04/2020	Orecchia Matilde (junior) (Amici del Fiume)	6000	06:34,00	2000	29	80%	54,12%	07:04,96	08:05,17	3	08:01,80	08:04,80	08:08,90
07/04/2020	Silvestri Camilla (junior) (Esperia)	6000	06:34,00	2000	29	80%	54,06%	07:04,96	08:05,33	3	08:06,50	08:02,10	08:07,40
07/04/2020	Oulji Thomas (junior) (Corgeno)	6000	05:47,00	2000	27	80%	54,04%	06:14,27	07:07,50	3	07:07,40	07:04,50	07:10,60
07/04/2020	Riccio Anna (ragazze 1°) (Cerea)	6000	06:45,00	2000	27	80%	53,20%	07:16,82	08:21,60	3	08:18,00	08:26,50	08:20,30
07/04/2020	Alterini Tommaso (junior) (Firenze)	6000	05:47,00	2000	29	80%	53,03%	06:14,27	07:10,23	3	07:05,50	07:12,80	07:12,40
07/04/2020	Morelli Dario (ragazzi 2°) (Limite)	6000	05:57,00	2000	29	80%	52,80%	06:25,05	07:23,30	3	07:20,80	07:16,80	07:32,30

07/04/2020	Borgna Paolo (ragazzi 2°) (Cerea)	6000	05:57,00	2000	32	80%	52,52%	06:25,05	07:24,10	3	07:27,90	07:24,70	07:19,70
07/04/2020	Cantillon Samuel (ragazzi 1°) (Murcarolo)	6000	05:57,00	2000	28	80%	51,53%	06:25,05	07:26,97	3	07:20,80	07:27,70	07:32,40
07/04/2020	Rotta Arturo (pl Under 23) (Cerea)	6000	06:00,00	2000	24	80%	51,44%	06:28,29	07:31,00	3	06:45,00	07:35,70	08:12,30
07/04/2020	Carbonatto Edoardo (ragazzi) (Caprera)	6000	05:57,00	2000	27	80%	51,25%	06:25,05	07:27,80	3	07:22,60	07:26,10	07:34,70
07/04/2020	Sommariva Sara (ragazze) (Corgeno)	6000	06:45,00	2000	28	80%	51,22%	07:16,82	08:28,10	3	08:19,20	8:27,20	08:37,00
07/04/2020	Tedeschi Vittorio (ragazzi 2°) (Cerea)	6000	05:57,00	2000	26	80%	51,11%	06:25,05	07:28,20	3	07:08,10	07:37,90	07:38,60
07/04/2020	Graci Alessia (junior 2°) (C.S. Urania)	6000	06:34,00	2000	29	80%	50,92%	07:04,96	08:15,30	3	08:05,70	08:17,00	08:23,20
07/04/2020	Artuso Emanuele (ragazzi 2°) (C.S. Urania)	6000	05:57,00	2000	28	80%	50,69%	06:25,05	07:29,47	3	07:32,20	07:16,80	07:39,40
07/04/2020	Corradino Ottaviano (junior 2°) (C.S. Urania)	6000	05:47,00	2000	27	80%	50,66%	06:14,27	07:16,97	3	07:20,80	07:20,20	07:09,90
07/04/2020	Chiappi Cosimo (ragazzi) (Firenze)	6000	05:57,00	2000	26	80%	50,58%	06:25,05	07:29,80	3	07:19,90	07:30,90	07:38,60
07/04/2020	Brunetti Matteo (ragazzi 1°) (Limite)	6000	05:57,00	2000	29	80%	50,36%	06:25,05	07:30,47	3	07:24,20	07:34,00	07:33,20
07/04/2020	Moscatelli Arianna (junior 2°) (C.S. Urania)	6000	06:34,00	2000	29	80%	50,33%	07:04,96	08:17,23	3	08:21,40	08:13,10	08:17,20
07/04/2020	Germano Veronica (Under 23) (C.S. Urania)	6000	06:32,00	2000	28	80%	50,06%	07:02,80	08:15,63	3	08:19,50	08:04,70	08:22,70
07/04/2020	Fanfani Martina (ragazze 1°) (C.S. Urania)	6000	06:45,00	2000	27	80%	49,81%	07:16,82	08:32,93	3	08:18,70	08:34,30	08:45,80
07/04/2020	Benzoni Gloria (ragazze) (Corgeno)	6000	06:45,00	2000	28	80%	49,74%	07:16,82	08:33,17	3	08:33,10	08:29,40	08:37,00
07/04/2020	Cespi Ilaria (ragazze 2°) (Murcarolo)	6000	06:45,00	2000	27	80%	49,70%	07:16,82	08:33,30	3	08:37,60	08:28,80	08:33,50
07/04/2020	Pagliaro Guido (ragazzi) (Firenze)	6000	05:57,00	2000	27	80%	49,32%	06:25,05	07:33,67	3	07:23,10	07:34,30	07:43,60
07/04/2020	Ferrari Gabriele (ragazzi) (Speranza Prà)	6000	05:57,00	2000	30	80%	49,21%	06:25,05	07:34,00	3	07:29,30	07:34,00	07:38,70
07/04/2020	Spinoni Luca (pl Senior) (Corgeno)	6000	05:56,00	2000	27	80%	49,21%	06:23,97	07:32,73	3	07:19,70	07:34,90	07:43,60
07/04/2020	Rasoli Lorenzo (ragazzi) (Firenze)	6000	05:57,00	2000	27	80%	49,05%	06:25,05	07:34,50	3	07:15,70	07:40,30	07:47,50
07/04/2020	Luccoli Irma (ragazze 2°) (Cerea)	6000	06:45,00	2000	27	80%	48,67%	07:16,82	08:36,97	3	08:37,00	08:38,10	08:35,80
07/04/2020	Bipedi Elisabetta (junior) (Caprera)	6000	06:34,00	2000	25	80%	48,63%	07:04,96	08:23,07	3	08:07,00	08:29,00	08:33,20
07/04/2020	Falossi Paolo (ragazzi) (Esperia)	6000	05:57,00	2000	29	80%	48,54%	06:25,05	07:36,10	3	07:35,60	07:34,20	07:38,00
07/04/2020	Dioguardi Elisa (junior 1°) (C.S. Urania)	6000	06:34,00	2000	28	80%	48,39%	07:04,96	08:23,90	3	08:13,60	08:31,80	08:26,30
07/04/2020	Bedogni Eleonora (junior) (Firenze)	6000	06:34,00	2000		80%	48,32%	07:04,96	08:24,17	3	08:13,60	08:27,30	08:31,60
07/04/2020	Ferrero Fausto (junior) (Caprera)	6000	05:47,00	2000	29	80%	47,59%	06:14,27	07:26,33	3	07:24,90	07:22,30	07:31,80
07/04/2020	Biz Gaia (junior) (Caprera)	6000	06:34,00	2000	27	80%	47,43%	07:04,96	08:27,33	3	08:21,50	08:33,00	08:27,50
07/04/2020	Agostini Ginevra (ragazze 2°) (Giacomelli)	6000	06:45,00	2000	28	80%	47,20%	07:16,82	08:42,37	3	08:27,40	08:52,70	08:47,00
07/04/2020	Menessini Mssimiliano (Under 23) (Elpis)	6000	05:40,00	2000	29	80%	47,07%	06:06,72	07:18,93	3	07:11,70	07:19,30	07:25,80
07/04/2020	Carbone Daniele (ragazzi 2°) (Elpis)	6000	05:57,00	2000	27	80%	46,65%	06:25,05	07:42,30	3	07:39,00	07:37,60	07:50,30
07/04/2020	Ottaviani Matteo (ragazzi 1°) (Elpis)	6000	05:57,00	2000	27	80%	46,27%	06:25,05	07:43,57	3	07:44,90	07:39,90	07:45,90
07/04/2020	Luppi Alice (ragazze 2°) (Elpis)	6000	06:45,00	2000	28	80%	46,19%	07:16,82	08:46,23	3	08:40,60	08:47,30	08:50,80
07/04/2020	Cacciacarne Valentina (ragazze 2°) (C.S. Urania)	6000	06:45,00	2000	28	80%	45,98%	07:16,82	08:47,03	3	08:41,60	08:54,00	08:45,50
07/04/2020	Frisoni Nicolò (ragazzi 2°) (C.S. Urania)	6000	05:57,00	2000	31	80%	45,90%	06:25,05	07:44,83	3	07:49,00	07:35,60	07:49,90
07/04/2020	Castellucci Pietro (Under 23) (Firenze)	6000	05:40,00	2000	29	80%	45,60%	06:06,72	07:23,70	3	07:17,70	07:23,50	07:29,90
07/04/2020	Dominici Danilo (cadetto) (L.N.I. Sestri Ponente)	6000	05:57,00	2000	28	80%	44,30%	06:25,05	07:50,47	3	07:40,50	07:50,70	08:00,20
07/04/2020	Oechsli Emanuele (ragazzi 2°) (Lago d'Orta)	6000	05:57,00	2000	27	80%	43,55%	06:25,05	07:53,20	3	07:43,00	07:41,10	08:15,50
07/04/2020	Graffione Francesco (ragazzi 1°) (L.N.I. Sestri Ponente)	6000	05:57,00	2000	28	80%	42,98%	06:25,05	07:55,30	3	07:58,70	07:47,30	07:59,90
07/04/2020	Casadei Alice (junior 1°) (Ravenna)	6000	06:34,00	2000	29	80%	42,77%	07:04,96	08:45,43	3	08:37,70	08:47,20	08:51,40
07/04/2020	Torta Francesco (pl Under 23) (Cerea)	6000	06:00,00	2000	25	80%	42,68%	06:28,29	08:00,47	3	06:49,70	08:56,80	08:14,90
07/04/2020	Cacciacarne Federico (cadetto) (C.S. Urania)	6000	05:57,00	2000	29	80%	42,58%	06:25,05	07:56,83	3	07:54,20	07:55,30	08:01,00
07/04/2020	Cascini Ludovico (ragazzi) (Cerea)	6000	05:57,00	2000	30	80%	42,53%	06:25,05	07:57,00	3	08:10,00	07:57,00	07:44,00
07/04/2020	Fossa Riccardo (ragazzi 2°) (C.S. Urania)	6000	05:57,00	2000	28	80%	42,19%	06:25,05	07:58,30	3	07:43,40	08:02,60	08:08,90
07/04/2020	Vinci Stefano (ragazzi 2°) (Murcarolo)	6000	05:57,00	2000	29	80%	41,58%	06:25,05	08:00,67	3	07:57,90	07:56,60	08:07,50
07/04/2020	Saky Emma (senior) (L.N.I. Sestri Ponente)	6000	06:28,00	2000	27	80%	39,10%	06:58,49	08:53,43	3	08:47,10	08:52,50	09:00,70
07/04/2020	Colombo Ilaria (ragazze 1°) (Corgeno)	6000	06:45,00	2000	26	80%	34,37%	07:16,82	09:41,70	3	08:50,20	11:12,40	09:02,50